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Volume 6, Number 8 April 20-May 3, 1991

UCSF Newsbreak

"Dance for Heart Aerobathon" May 16

One of the many highlights of UCSF's participation in the second annual National Health & Fitness Month is a "Dance for Heart Aerobathon" — a tricky name for a great event.

Everyone at UCSF is invited to be part of a two-hour aerobics workout on Thursday, May 16, from 5:30 to 7:30 p.m. in the Millberry Union gym. Led by Millberry Union aerobics instructors, the workout is a fundraiser for the American Heart Association. The two hours will consist of a stretching/warm-up period, 50 minutes of aerobics/floor exercises, and a cool down session.

The idea is to have someone sponsor you for the amount of time you exercise, for example a certain number of dollars per minute. There is a $15 nonrefundable registration fee. There will be door prizes, a raffle, plus prizes for those people who raise the most money. Space will be limited. Pre-registration already has begun and will end on Monday, May 13. For further information and a registration form call Norma Mesina at 476-0350.

Gamble For Your Health?

The day before the Aerobathon, on Wednesday, May 15, the campus will be sponsoring a Health & Fitness Fair, also in the Millberry Union gym, from 11:30 a.m. to 1:30 p.m. If you like gambling, and we don't mean with your health, you'll love this fair. "Participation" booths — each with a different health-related activity — will be set up all around the gym. Each time you participate at a booth, you will receive gambling "dollars." Then you take your "dollars" and gamble your heart out for great prizes at a roulette table, a craps table or one of five blackjack tables. You could win a mountain bike, running gear, or a host of other prizes, including a Millberry

(continued on page 3)

"Smart Needle" Guides Doctors Directly to Patients' Blood Vessels

It is called the "smart needle." And rightly so. It has a tiny ultrasound transmitter mounted at its tip which allows physicians to find a patient's blood vessel in one try.

"This device allows us to go directly to the right place on the first attempt, pass through the front wall of the artery and stop. Without this device, it can take up to an hour of repeated needle sticks to find the blood vessel," explains UCSF cardiologist Paul Yock, inventor of the needle.

The "smart needle" locates the body's larger blood vessels, called central vessels, for the insertion of catheters used for procedures in emergency rooms, intensive care and coronary care units, cardiac catheterization labs, and diagnostic radiology labs.

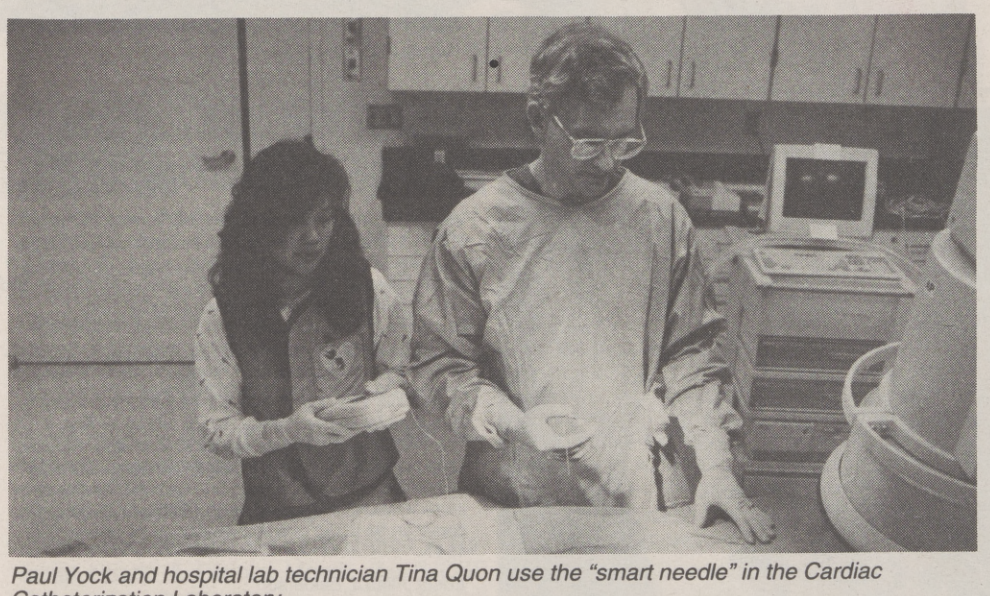
Here is the way it works: Doctors insert a thin rod containing the ultrasound transmitter through the hollow center of a standard catheter needle. The transmitter, located at the end of the rod, emits a beam of high frequency sound waves about an inch to an inch-and-a-half directly ahead of the needle's tip. As the tip of the needle probes under the skin in the vicinity of a blood vessel, the sound waves scan the area like a flashlight beam in search of an artery. When the sound waves come into contact with a moving object they bounce back to the transmitter, which sends the signal through an attached wire to a monitor. Doctors simply follow the sound directly to the artery.

Children in particular will benefit from the device, Yock said. Smaller blood vessels and an unwillingness to cooperate with repeated needle sticks often make the conventional method an uncomfortable ordeal for young patients.

Initial data on the instrument's performance was presented in November at the annual meeting of the American Heart Association in Dallas. The device, which has received Food and Drug Administration approval, now is being released for use in clinical trials at 30 medical centers around the country.

Yock invented the ultrasound needle with assistance from Alan Selfridge, an ultrasound engineer in Milpitas. It is being developed and marketed by Peripheral Systems Group of Mountain View, CA.

Yock hopes to develop even smaller versions of the device for use in more routine procedures such as obtaining blood samples.



Paul Yock and hospital lab technician Tina Quon use the "smart needle" in the Cardiac Catheterization Laboratory.

Hispanic Nurse Symposium: Finding a Mentor

Students, practicing nurses and all interested members of the community are invited to the fourth annual Hispanic Nursing Symposium sponsored by the School of Nursing on Friday, May 10, from 9 a.m. to 4 p.m. in Room C 701.

A discussion on mentorship — as a means for career development, mobility or even sheer survival as a nurse — will be a major focus of the symposium. Presentations and a panel discussion will offer symposium participants ideas on how to find, and become, a mentor during one's educational and professional career. Other areas of discussion will include health policies that affect the care of Hispanics and current nursing research relating to that population. Speakers will include:

- Ildura Murillo-Rhode, United Nations representative to UNICEF, on "Mentorship for Career Development & Mobility for Hispanic Nurses."
- Conception Macias, chair, Association of Chicana/Latina Nurses, on "Mentorship: Helping Nurses Survive."
- Patricia Montoya, executive director, New Mexico Health Resources Incorporated, on "Nurses' Power & Politics."
- Marilyn Douglas, UCSF assistant research nurse, on "Cardiac Pain Responses in Mexican Patients."
- Carmen Portillo, UCSF assistant research nurse, on "La Viudez."

A reception will follow the program. For further information or to register, call Maria Reyes at 476-1435 or Joann Ray at 476-4897.

Leake Day — From Hotdogs to Excited Retinal Rods

His name was Chauncey D. Leake. A brilliant scientist and distinguished founder of the Department of Pharmacology, he was a public speaker, writer, poet and philosopher, who had a keen sense of the beauty of nature. He continually worked to try to make our campus a beautiful place to work.

Every year we honor him by celebrating in the great outdoors and by having a scientific lecture. This year will be no different. Mark Thursday, May 9, on your calendars for the 14th Annual Chauncey Leake Day celebration.

Beginning at noon, there will be a picnic in Saunders Court, where you can get a hot dog, chips and a drink for merely a dollar. There also will be a bedding plant sale (dirt cheap), a bake sale and an EMPACT! raffle — where you will have a chance to win a trip to Paris (see page 6 for more raffle details). And all of this while listening to an outdoor concert courtesy of the *new* UCSF Band.

UCSF-Mission Center also will celebrate Leake Day with a picnic, plant sale and simultaneous announcements of EMPACT! raffle winners.

End the celebration by attending the Chauncey Leake Lecture at 3 p.m. in Cole Hall when Stanford's Lubert Stryer will discuss "Molecular Mechanism of Visual Excitation." The Winzer Professor of Cell Biology and former chair of Stanford's Department of Structural Biology, Stryer will explain how a single photon can trigger a retinal rod cell and how calcium plays a key feedback role.

Tooth Loss Leads to High Blood Pressure

Blood pressure increases when people lose their teeth. According to John Hutton, associate professor, restorative dentistry and prosthetics, as the number of natural teeth in an adult's mouth declines, the chance of developing high blood pressure increases.

Why? The limited ability to chew fibrous materials such as meats, fruits and vegetables causes many toothless people to rely on diets of soft, prepared foods. "These are notorious for being high in fat, salt, and sugar and low in fiber, protein and vitamins — just exactly what people shouldn't put in their bodies," Hutton says.

Hutton and colleagues in the School of Dentistry studied the effect of dietary changes among people who lose their natural teeth by comparing the worst-case situation of a group with no teeth and no dentures to a group with at least 24 of a normal adult's 32 teeth. After accounting for other factors associated with high blood pressure (age, gender, race, weight, alcohol use, poverty level), a high correlation remained between tooth loss and increased blood pressure.

Wearing dentures reduces the risk of developing high blood pressure and cardiovascular disease, but further studies must be conducted to determine exactly how much they offset the problem.

Results of the UCSF study are being presented on April 19 at the 69th general meeting of the International Association for Dental Research in Acapulco.

Douglas Cole with Beth King of Cummings Design Partnership, the group which helped design the new signage

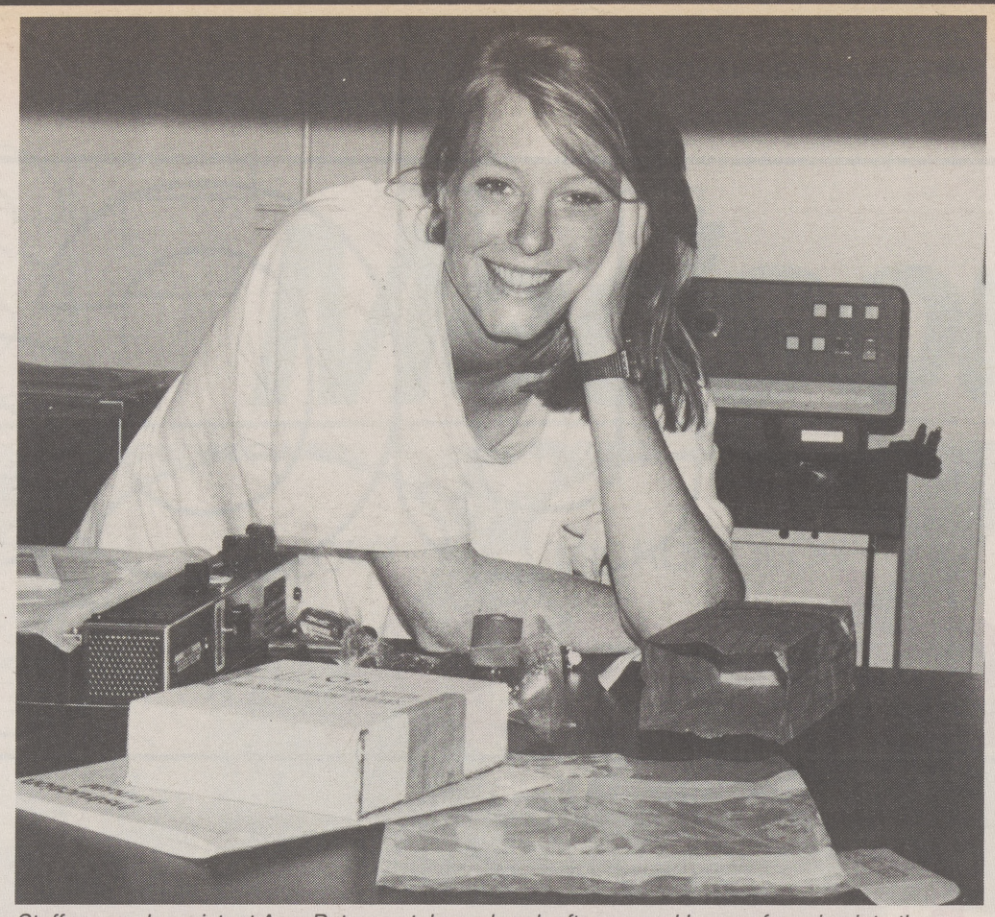
New Campus Signs Going Up

You probably have noticed that over the last two weeks new building signs and "You are Here" directional guide posts have been put up all along Parnassus.

A total of some 35 signs are going up. They all are medium gray with white lettering with our UCSF logo emblazoned across the front. Fifteen of them label campus buildings, while the other 20 are seven-foot tall guide posts, each containing a directional map of the campus as well as a city street map. The directional maps and our logo are yet to be added to the guide posts, but facilities analyst Douglas Cole of Campus Planning assures us that this will happen soon.

A new campus signage manual (with order forms) will be available within the month and will be mailed to each campus department. Off-campus sites may also request signs of this format, according to Cole. For further information call 476-8313.

This new signage has become a reality thanks to the work of a campus graphics committee, made up of representatives from each of the four schools, administrative units and the Medical Center.



Staff research assistant Amy Peterson takes a break after several hours of moving into the new Neurogenetics Lab.

Neurogenetics Lab Opens at LPPI

Genes that predispose people to manic-depressive illness, Alzheimer's disease, and panic disorder will be the target of researchers at the new Neurogenetics Laboratory located on the lower level of LPPI.

Under the direction of David R. Cox, associate professor of psychiatry, the laboratory will study DNA samples taken from families with a history of one of the neuropsychiatric illnesses. Researchers hope to locate an abnormal gene shared by the subjects which predisposes them to the illnesses.

Cox and Richard M. Myers, associate professor of physiology, biochemistry and biophysics, will direct efforts to locate the gene associated with Alzheimer's disease. The Cox/Myers team also has worked for several years to pinpoint the defective gene that causes Huntington's Disease. Myers directs UCSF's Human Genome Center, which concentrates on chromosome 4, a large, but relatively unexplored chromosome that is best known as the home of the defective gene that causes Huntington's.

Nelson Freimer, assistant professor of psychiatry, will oversee research to locate the genes associated with manic-depressive illness and panic disorder.

Diamond Captures First in Dean's Prize

Third-year medical student Marc Diamond took first place in this year's Dean's Prize in Student Research, sponsored by Dean Joseph Martin and the Student Research Training Committee. Tied for second place were third-year students Andrew Metzger and Holly Williams.

The three presented their research at a campus reception on April 10.

Diamond was honored for his research on "c-Fos and c-Jun Levels Determine Positive or Negative Glucocorticoid Regulation from a Single DNA Element." His sponsor is Keith Yamamoto, professor and vice chair, biochemistry and biophysics.

Metzger's winning study is entitled "Chromosome 17p Allelic Loss and p53 Gene Mutations in Pediatric Brain Tumors." His sponsor is Philip H. Cogen, assistant professor, neurosurgery and pediatrics.

Williams' research was on "A Novel Transduction Pathway in which Inhibitory Gi-Coupled Receptors Amplify ATP-Stimulated Arachidonic Acid Release." Her sponsor is Julius Axelrod, guest researcher, National Institute of Mental Health, HHMI, NIH Research Scholars Program.

(Left to right) Andrew Metzger, Holly Williams and Marc Diamond

David Roberts

Lange's Special Collections

Jack D. Lange of Lange Medical Publications has put together a brochure listing all the books the firm has published since it began in 1938. The booklet, according to Lange, is dedicated to the more than 1,000 authors and co-authors, mostly UCSF faculty members. The new Jack and DeLoris Lange Special Collections Reading Room on the fifth floor of our new library houses a copy of each of these books, plus a computer program called STAT!, which incorporates 11 of Lange's medical publications. Above, Jack Lange (left) with Chancellor Krevans at a special luncheon on Founders Day which honored Lange.

Just Call 502-NEWS

Tired of the latest rumor mill babble? Want some straight facts? Why not call the new campus information line — 502-NEWS.

Thanks to the Chancellor's Staff Advisory Committee (SAC), particularly members Valli McDougle of the School of Medicine and Kathy Balestreri of Medical Center Administration, you can call 502-NEWS anytime beginning Wednesday, May 1, to get a brief capsule of the latest campus news.

You'll hear about the most recent research and clinical care advances, not only on Parnassus, but also at the VAMC, SFGH and Mount Zion, in areas such as heart disease, AIDS, dental care, and nursing studies. Plus, you'll get the latest lowdown on Laurel Heights, the state and university budgets and much more.

Remember not too long ago when the *Examiner* ran an article on UCSF selling Laurel Heights to Kaiser? Well, if 502-NEWS had been in place, you could have called and quickly learned that Kaiser apparently was confused between the terms "selling" and "leasing" and that the campus was still very much committed to the Laurel Heights project.

"When you call 502-NEWS you will get a three-minute program, which will be updated daily," says Janet Norton, director of Institutional Relations, who manages the program. "This is a great way to share information and get the word out fast," she says.

Caged Bicycles Impounded

In an effort to maximize the spaces in the bicycle cages on Millberry Union's A Level, Parking Operations now impounds those bicycles they feel people are trying to permanently store there. If you've been storing your bicycle in the cage, it is possible that it has been impounded. All impounded bicycles will be held for 90 days beginning now, and will be auctioned by the campus Police Department this summer if not claimed. For further information call Parking Operations at 476-2566.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover May 4-17, 1991 will be on **Tuesday, April 23, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

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Jeff Miller, principal publications coordinator

Michela Reichman, editorial advisor

Gazette

Honors & Awards

David Powers

Gail R. Martin: Received a Guggenheim Fellowship for 1991 based on her distinguished achievements in the past and exceptional promise for future accomplishments. Martin is professor, anatomy; director, Program in Developmental Biology.

Michelle Vignes

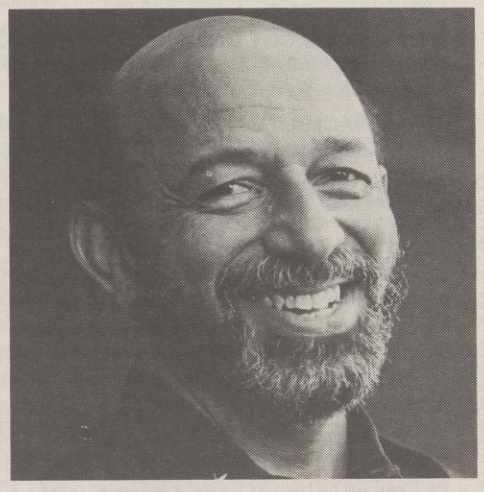
Robert S. Wallerstein: Elected honorary life member, British Psychoanalytical Society. Immediate past president of the International Psychoanalytical Association, Wallerstein is professor, psychiatry; former chair, Department of Psychiatry; former director, LPPI.

Margretta M. Styles: To receive an Honorary Doctor's Degree in Nursing from the University of Athens, Greece, on May 6. This is the highest honor offered by the University to a distinguished scholar. Styles is professor, mental health, community & administrative nursing; former dean, School of Nursing.

Susan Pador Lukes

Mary B. Olney: To be honored by the Diabetic Youth Foundation for her 50 years of dedicated service on behalf of diabetic children. A tribute dinner will take place June 1 at the Lake Merced Country Club. Olney is a 1932 graduate of the School of Medicine and a clinical professor emeritus, pediatrics.

Gordon Gamsu: Named the Sterling National Guest Lecturer, for which he delivered four lectures in the Department of Radiologic Pathology, Armed Forces Institute of Pathology, Bethesda, Maryland. Gamsu is professor, radiology & medicine; director, Thoracic Imaging; director, radiology residency.



Ronald D. Nelson: Invited speaker for the Police Executive Research Forum annual meeting in Washington, DC, April 21-24. He will speak on "The Americans with Disabilities Act: A New Challenge to Police Hiring Policies." The intent of the Act is to make it possible to hire people into police agencies who previously would not have had the opportunity. According to Nelson, certain portions of the Act, especially those dealing with the hiring of former drug abusers, is meeting with much resistance. Nelson is chief, Police Dept.

David Powers

Paul A. Volberding: Received the Richard & Hinda Rosenthal Foundation Award from the American College of Physicians at the College's annual session on April 11. He was selected for his original approach to the delivery of health care and his contributions to the medical profession. Volberding is professor, medicine & director, AIDS Programs, SFGH.

School of Dentistry Dean, Two Faculty Members Take Office in National, International Associations

David Powers

Two School of Dentistry faculty members and the School's dean have been elected to offices in top dental research associations. Dean John Greene (far left) is now president-elect of the International Association for Dental Research; Deborah Greenspan (center), clinical professor, oral medicine, has been named treasurer of the American Association for Dental Research (AIDR); and Sally Marshall (far right), professor, restorative dentistry and vice chair for research, is president-elect of the AIDR. Greene and Marshall will become presidents of their respective associations in 1992.

Aerobathon *(from page 1)*

Union membership (this is really valuable — MU has a waiting list of over 2,000!).

Bay to Breakers Challenge

As a finale to UCSF's participation in National Health & Fitness Month, the "UCSF Campus" is challenging the "UCSF Medical Center" in the Bay to Breakers run on Sunday, May 19. The winning team, determined by sheer numbers, will be treated to a breakfast party on Tuesday, May 21, at 10 a.m. in the Moffitt Cafeteria, at which time a trophy will be presented to the winning team.

All you need to do is call one of the people listed below, name your preferred team, and fill out the form that will be sent to you.

Besides joining either the Medical Center or Campus team, you also will have the option of joining one of three subcategories: the *Slow Laners* (don't exercise much, if at all), the *Cool Dudes & Dudettes* (yes, we exercise) or the *Hotshots* (serious running folks going for the BMW).

If you decide to be a *Slow Laner,* you also will be invited to join the "Bay to Breakers Training Club," made up of one-hour walks beginning Tuesday, April 26, at noon and held every Tuesday and Thursday until race day. Just meet in front of the Millberry Union clock.

To register for the Bay to Breakers Challenge (and to receive a free T-shirt) call one of the following people:

Campus:
Parnassus: Alan Tower, 476-0356
SFGH: Shirley Hamilton, 476-3860 or 821-8300
Mission Center: Adilie Orantes, 476-0390
All other satellite locations: Alan Tower, 476-0356
Hot Shots: Jimmy Choy, 476-1700.

Medical Center:
Nursing: Inez Wieging, 476-3921, or Denise Codwell, 476-1675
Mount Zion: Alan Tower, 476-0356
SFGH: Shirley Hamilton, 476-3860 or 821-8300
All other satellite locations: Alan Tower, 476-0356
Hot Shots: Jimmy Choy, 476-1700

What else can the campus fit into National Fitness Month? Well, to mention a few more items: from May 6 to 17, you'll find body and fitness testing and walking seminars on and off campus; plus a health talk by KRON's Tom Linden on Tuesday, May 14. See the next issue of *Newsbreak* for further details.

Publications

Ernest H. Rosenbaum: Co-author, *Everyone's Guide to Cancer Therapy* (Andrews & McMeel, Kansas City, MO, 1991). Eighteen Mount Zion/UCSF doctors & nurse specialists also contributed to the book, which contains the latest information on diagnosing and treating the 50 most common types of cancer. Rosenbaum is clinical professor, medicine, Mount Zion Medical Center of UCSF; research associate, Cancer Research Institute.

In Memoriam

Peter C. Canfell: A native of Australia and member of the campus community for more than 15 years, he worked as a clinical chemistry technologist at SFGH before coming to the Department of Anesthesia as a staff research associate in 1979. He was an associate specialist from 1983 to 1988, when he became a specialist. Canfell worked with Ronald Miller on projects dealing with pharmacology, pharmacokinetics and neuromuscular blocking agents, and was a member of many Australian and American professional organizations. He also volunteered for the AIDS Hospice.

James W. Murnan: An administrative assistant II, Murnan was involved in the administrative management of a multi-project grant for Walther Stoeckenius in the CVRI. His work required editing and formatting manuscripts, grants, progress reports and abstracts. He also purchased supplies, equipment and services for the lab, reconciled monthly ledgers, and acted as a liaision with the CVRI administrative office, other labs and outside vendors. A gourmet cook and classical music and opera enthusiast, Murnan had a special interest in railroads and trains, having worked 16 years for Illinois Central Gulf Railroad.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Michael S. McGrath: Received $500,000 from the National Cancer Institute to fund a four-year study of AIDS-associated B Cell non-Hodgkin's lymphomas at SFGH. McGrath is assistant professor, medicine.

UCSF Magazine Nominated for Publishing Award

UCSF Magazine has been named a finalist in the prestigious *MagazineWeek* Publishing Excellence Awards contest. *UCSF Magazine* is competing against two other publications — *The Black Collegian* and *U. The National College Newspaper* — in the college/alumni category, one of 43 consumer and trade categories now being judged by magazine professionals from around the country. Individual winners, as well as the Magazine of the Year, will be announced at an awards luncheon in New York City on May 20.

"This type of recognition from the magazine industry is a great tribute," says Jeff Miller, managing editor of *UCSF Magazine.* "Only the very best magazines get this far." Finalists in other categories include *Newsweek, Sports Illustrated, U.S. News & World Report, In Health, Forbes, Money, Pacific Discovery, Discover* and *Vanity Fair.*

Today/Tomorrow

20 Saturday

WILDFLOWER POWER

Wildflower Hike & Trail Repair on San Bruno Mountain. Spend half the day restoring local hiking trails & the other half among wildflowers & dramatic views. Last in a series of events celebrating UCSF Earth Week activities. Call 476-2542.*

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Pancreatitis: Electrophysiology & Pathophysiology.* Lygia Stewart, Surg. Path. Aud., SFGH. 8:30-9:30 a.m. Followed by M&M conference.

TEAR GAS CERTIFICATION CLASS: Training by UCSF Police Dept. personnel. $20. Rm. 125, MCB. 9 a.m.-noon. Call 476-5683 for information & pre-registration.*

CAR CARE & SAFETY

Under the Hood . . . Again: A Car Care & Safety Workshop for Women. Car care instructor Mary Rice teaches the secrets of jumper cables, automatic transmission fluid, batteries & much more. Sponsored by the UCSF Women's Resource Cntr. $20. Ellis Brooks Chevrolet/Nissan/Geo, 1395 Van Ness Ave. 9 a.m.-1:30 p.m. Call 476-5836 to pre-register.*

LOW VISION FORUM: Thomas March, a respected SF sculptor, discusses the seven years he lived with his blind grandfather and how the Goddess of Democracy statue from Beijing's Tienamen Square will be recreated in SF. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnassus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

22 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next two weeks:

- Apr. 22-26: UCSF-Laurel Heights. 3333 California St. in parking lot on left.
- Apr. 29-30: Diamond Heights. On Diamond Heights Blvd. near Safeway.
- May 1-3: Cal State Hayward. On street level across from parking lot A.

A $50 mammogram also is available at the Mount Zion radiology department. Call 885-7710.

OTOLARYNGOLOGY GRAND ROUNDS: *Transfacial & Transoral Approaches to Anterior Skullbase Tumors.* Michael J. Kaplan, Oto. *Charged Particle Radiotherapy for Skullbase Tumors.* Joseph R. Castro, Rad. Onc. S 214. 8-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Karen at 476-1077.*

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

DERMATOLOGY SEMINAR: *Solvent Percutaneous Absorption: Recent Findings.* Anders Bowman, Derm. & Natl. Inst. of Occ. Hlth., Sweden. Conf. Rm. 115, Surge Bldg. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Molecular Pathogenesis of AIDS-Associated Lymphoma.* Michael S. McGrath, Med., SFGH. L 535. 4-4:50 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

*Open to the public.

23 Tuesday

SPRING BLOOD DRIVE

Come donate blood & be eligible for a variety of prizes. Students from the Schools of Pharmacy, Medicine & Dentistry compete among classes for prizes for most blood donated. Remember to bring personal ID.*

- MU main lounge. 8 a.m.-2 p.m.
- Nursing Bldg. mezzanine. 11:30 a.m.-6 p.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Novel Approaches to Analgesic Therapy.* Newton Gordon, Hosp. Dent., SFGH, & Oral & Max. Surg. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Structural & Functional Domains of CMV Glycoprotein B.* Lenore Pereira, Stom. & Microbio/Imm. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Follow-up of the Premature Infant.* Roberta Ballard, Neonat. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Teenage Pregnancy.* Elizabeth Connell, Ob/Gyn, Emory U, Atlanta. S 1364. 9 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

GERIATRIC GRAND ROUNDS: *Urinary Incontinence in the Geriatric Patient: The Initial Evaluation.* Jeannette S. Brown, Ob/Gyn. Herbst Hall, Mt. Zion. Noon-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

24 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Vinyl Chloride Human Toxicity.* George Alexeef, Air Toxic. & Epid. Sect., CA Dept. Hlth. Safety. Bldg. 30. 5th fl., SFGH. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Mast Cells, Cetirizine & You.* Sanford Goldstein, Derm. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Computers in Nuclear Medicine.* Stephen L. Glickman, Rad. & Nuc. Med. LPPI Aud. 8:30 a.m.

OPEN WIDE & SAY AHH . . .

The Evolution of School Medical Inspection & of the School Medical Officer in England & Wales, 1880-1920. John Woodward, Hist., U Sheffield, England. Sponsored by Dept. Hist. Hlth. Sci. U 456. Noon.

ORAL BIOLOGY 209 SEMINAR: *How Cell Shape Regulates Gene Expression.* Zena Werb, Anat. & Lab. Radiobio. & Env. Hlth. HSE 317. Noon.

BROWN BAG LECTURE SERIES: *Bay Wetlands: Losses, Damages & Remedies.* Alan R. Pendleton, SF Bay Cons. Proj. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Rm. 300C, MCB. 12:05 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PSYCHIATRY GRAND ROUNDS: *Cigarette Smoking, Neuroanatomy & Depression.* Alexander H. Glassman, Clin. Psychr., Columbia; Clin. Psychopharm., NY State Psychr. Inst. LPPI Aud. 1-2 p.m.

CHANCELLOR'S DISTINGUISHED LECTURE

Science & the Irresponsible Press. Jerry Bishop, *Wall Street Journal,* delivers the 11th annual Chancellor's Distiguished Lecture for the Public Understanding of Science. Cole Hall. 3 p.m.

SEMINARS IN BIOLOGY: *What Happens in the Early Drosophila Embryo?* Gerald Schubiger, Zoo., U Wash. HSW 300. 4 p.m.

OPERATIVE UROLOGY CONFERENCE. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: Resident Case Presentations. HSW 508. 5:30-6:30 p.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: Meets every Wednesday to address issues of Post Traumatic Stress Disorder, multiple personality & dissociative disorders & the healing of long-term psychic scars. Ages 18 & over. N 517. 7-10 p.m. Help-line provided daily, 7 a.m.-10 p.m. at 759-7923.*

LIVING WITH HIV PUBLIC FORUM

Women Living with HIV. A more critical look into the medical manifestations for women & HIV. Sponsored by the UCSF AIDS Health Project. Rm. 125, MCB. 7-9 p.m. Call 476-3902 for information.*

25 Thursday

MEDICINE GRAND ROUNDS: *Hansen's Disease: A New Decade.* Robert Gelber, Med., Epid. & Hansen's Dis. Prog. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Current Management of Acute Asthma.* Gerd J. Cropp, Clin. Ped. & Pulm. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: Selected ARVO Talks. S 214. 8:30-10 a.m. Preceded by case presentations: *Strabismus.*

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

STUDENT ART SHOW APRIL 25 & 26

Includes art by students, grad students, post-docs, interns & residents. MU Conf. Cntr. 10 a.m.-6 p.m. Opening reception today, 4 p.m.*

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hypertension.* Dorothee Perloff, Med., EKG & Hyperten. Clin.; R. Ron Finley, Clin. Pharm. & Pharm. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

COMBAT NURSING

From Vietnam to the Persian Gulf. Former combat nurse Lily Adams discusses her experiences & the situation for military women in the Persian Gulf. Sponsored by the UCSF-Women's Resource Cntr. Toland Hall. Noon. Call 476-0400 for recorded program information.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROBIOLOGY SEMINAR: *Are There Hierarchies in the Visual System? An Evolutionary Perspective.* Harvey Karten, Neurosci., UCSD. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

PROCTOR FOUNDATION SEMINAR: *What's New with Epstein Barr Virus?* Nesli Basgoz, Med. S 318. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Human Papilloma Virus.* Lynette McLamb, Med. A 455. 4:30 p.m.

UROLOGY JOURNAL CLUB: No. 2 Belmont Ave., SF. 5-6 p.m. Call 759-7407.

RADIATION ONCOLOGY GRAND ROUNDS: *Recent Advances in Intracavitary Ultrasound Hyperthermia.* Chris Diederich, Rad. Onc. & Hypertherm. Sect. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: GU Panel. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Home Alone.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Rehabilitation of Adult CLP Patients with Midfacial Hypoplasia & Related Facial Anomalies.* Wolf-J. Holtje, Med., Nordwestdeutsche Kieferklinik, Universitat Skrankenhaus, Eppendorf, Germany. Fac. Alum. House, 745 Parnassus. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

COMMUNITY HEALTH TALK: *Pain Management.* Peter J. Koo, Clin. Pharm. & Pain Mngt. Cntr. Sponsored by Public Serv. Outreach Prog. Free parking available. HSW 302. 7-8:30 p.m. Call 476-8429 for information.*

26 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Male/Female Differences in Cognitive Development as Reflected in Neuropsychological Testing in Children.* Joel H. Kramer, Ped. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Six-Hydroxydopa: A New Redox Cofactor in Mammalian Enzymes.* Judith Klinman, Chem., UCB. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Journey of the Heart.* John Wellwood, author. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. HSE 336. Noon-1 p.m.*

COLE HALL CINEMA: *Home Alone.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.)*

27 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

MOUNT ZION AUXILIARY GALA FUNDRAISER

Puttin' on the Ritz. This annual fundraiser will benefit the Pediatric Rehabilitation & Recovery Cntr. at Mt. Zion and will feature 49er Harris Barton, premiere cabaret singer Weslia Whitfield accompanied by jazz pianist Michael Greensill, Richard Olsen & his orchestra & a silent auction. Black tie. Cocktails & auction, 7 p.m. Dinner & dancing, 8 p.m. Call 885-7354 for ticket prices & information. (See story on page 8.)*

29 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Dynamic Posturography, Clinical Applications.* Sean R. Althaus, Oto. Followed by COSM Preview. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

HOW TO BE A RESPONSIBLE INVESTOR

Socially Responsible Investing. Bonnie Albion, Albion Financial Assoc., leads this workshop on how to combine smart investing & social consciousness. $15-$25. Sponsored by the UCSF Women's Resource Cntr. C 130. 10 a.m.-1:30 p.m. Call 476-5836 to pre-register.*

April 20-May 3, 1991

BAY AREA WOMEN IN THE MARKETPLACE: Florence Fang, owner/manager, Grand Palace restaurant, presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Karen at 476-1077.*

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.*

NEUROBIOLOGY SEMINAR: *Cell Diversification in the Mammalian Central Nervous System.* Martin Raff, Bio., U College London. HSW 300. 4 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *MRI of Diffuse Bone Marrow Disorders.* Robert Steiner, Rad., Stanford. L 535. 4-4:50 p.m.

URO-ONCOLOGY CONFERENCE. M 464. 4:30-6 p.m.

30 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Early Trauma Management of the Multiply Injured Patient.* Frank Lewis, Surg., SFGH. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Neonatal Cholestasis.* Mel Heyman, Ped. Gastroent. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Serologic Characterization of HCV Progression.* George Kuo, Immunochem, Chiron Corp. L 535. 8:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Can We Recognize Fetal Asphyxia with Sufficient Accuracy & In Time to Prevent Brain Damage?* Julien Parer, Ob/Gyn. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. L 192. 9-11 a.m. Call 476-1196 for information.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *How Do Messengers Get Their Tails? The Biochemistry of 3' Processing of Precurors to Polyadenylated Messenger RNAs.* Walter Keller, Cell Bio., Biozentrum der Universitat, Basel. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

MOLECULAR DIAGNOSTICS SEMINAR: *Application of PCR to HIV and HTLV Detection.* Shirley Kwok, Cetus Corp. L 535. 4:45-6 p.m.

NEUROLOGY GRAND ROUNDS: *The Paroxysmal Headache Syndromes.* Neil Raskin, Neuro. S 664. 5-6 p.m.

1 Wednesday

CINCO DE MAYO CELEBRATION MAY 1-3

UCSF celebrates Cinco de Mayo with activities ranging from a piñata bust at the Child Care Cntr. & the Festival Latino to special speakers & a Salsa Dance. (See story on page 6 for details.)*

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Joseph Keiner, Thomas Huntsman, Edmond Ritter & Philip Trabulsy, all Plast. Surg. Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

DERMATOLOGY GRAND ROUNDS: *Syphillis in HIV-Infected Individuals.* Harry Holland, Med. & Stom. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: Interesting Cases of the Month. LPPI Aud. 8:30 a.m.

NEUROLOGY/NEURADIOLOGY SEMINAR. HSE 317. 10-11 a.m.

SPRING INTO SAFETY

Come to the Safety Fair sponsored by the Medical Cntr. Safety Committee for information on every aspect of work-related safety, from back pain prevention to the removal of unknown substances. Moffitt Cafe. (See story on page 8.)

- Wed., May 1: 10 a.m.-3 p.m.
- Thurs., May 2: 10 a.m.-7 p.m.
- Fri., May 3: 6:30-8:30 a.m. & 10 a.m.-3 p.m.

ORAL BIOLOGY 209 SEMINAR: *Cell Surface Adhesion Receptors: Are They Regulatory Molecules As Well As Adhesion Molecules?* Caroline H. Damsky, Anat. & Stom. HSE 317. Noon.

BROWN BAG LECTURE SERIES: *The Hispanic Challenge.* Anthony U. Martinez, Phoenix Communications, Hisp. Leadership Seminars & Commonwealth Club of CA. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. MCB, Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Asian American Mental Health Services: Research Update.* Stanley Sue, Psych., UCLA; Dir., Natl. Res. Cntr. on Asian American Mental Hlth. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Division Decisions in Drosophila.* Terry Orr-Weaver, Whitehead Inst. for Biomed. Res. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Hodgkin's Disease.* Brian Herndier, Path. & Lab. Med. HSW 508. 5:30-6:30 p.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: Meets every Wednesday to address issues of Post Traumatic Stress Disorder, multiple personality & dissociative disorders & the healing of long-term psychic scars. Ages 18 & over. N 517. 7-10 p.m. Help-line provided daily, 7 a.m.-10 p.m. at 759-7923.*

2 Thursday

MEDICINE GRAND ROUNDS: *Medicine & Memory: Say What?* James Tulsky, Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Clinical Disorders of Fatty Acid Oxidation.* Julian Williams, Genet., Children's Hosp., Los Angeles. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *The Intern's Neuro Exam.* Daniel H. Lowenstein, Neuro. *Radiologic Interpretation of Common Diagnosis.* Steven H. Ominsky, Rad. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

WOMEN'S RESOURCE CENTER SEMINAR: *Women in Management: Is There Sex After Professionalism?* Clincial psychologist & TV personality Brenda Wade discusses successful women & how to deal with issues of power, lovability, equality & co-dependency in the bedroom, classroom & board room. Toland Hall. Noon-1 p.m. Call 476-0400 for recorded program information.*

MEDICAL ANTHROPOLOGY SEMINAR: *Getting from There to Here: A Pacific Anthropologist Talks about Current Work in Urban US.* Judith Barker, Med. Anth. Rm. 218, Laguna Honda School. Noon.

RESEARCH COLLOQUIUM

Adolescents in Divorcing Families: The Risks & Remedies. Eleanor Maccoby, Pscyh., Stanford. Sponsored by Adol. Med. & FCM. HSW 302. 3:30-5 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

THE NEXT DEADLINE

Tues., April 23 is the deadline for items to be listed in the next calendar, which covers **May 4-17** (two weeks). They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROBIOLOGY SEMINAR: *Control of Neural Cell Pattern in Vertebrate Development.* Thomas Jessell, Biochem. & Mol. Biophys., Columbia. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 303. 5-6:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Rectal Motility Disorders.* Steven Ominsky, Rad. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Awakenings.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

3 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Behavioral Observations & Assessments of Externalizing Disorders in Children.* Stephen Hinshaw, Psych., UCB. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Silicon-Based Micropump & Fluid Mixer Employing Ultrasonic Plate Waves.* Richard M. White, Elec. Eng. & Comp. Sci., UCB. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Complementary Cancer Therapies.* Michael Lerner, Med. & Commonwealth Inst. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. HSE 336. Noon-1 p.m.*

COLE HALL CINEMA: *Awakenings.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.)*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Telephone Communication Skills Training. Wed., May 1. 1-4 p.m. $10.

Personnel Policies for Supervisors. Tues., May 7, 14, 21. 9 a.m.-noon. $10.

Communicating with Confidence: A Workshop for Non-Managers. Wed., May 8, 15. 1-4:30 p.m. $30.

Supervisor's Guide to Performance Evaluation. Tues., May 28. 8:30 a.m.-4:30 p.m. $20

Demystifying Gift/Private Grant Acceptance. Thurs., May 30. 1-4 p.m.. $10.

Introduction to Database Management. Tues., May 14. 8:30 a.m.-4:30 p.m. $70.

Stress Management Overview. Tues., May 21. 1:30-5 p.m. $15.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808.

HIV Infection Conference for the Practitioner. Milo E. Rowell Aud., UCSF-Fresno. May 18.

Fourth Annual Emergency Medical Services Conference: EMS Around the World. UCSF-Laurel Heights Conf. Cntr. May 20-22.

The Pleasures & Perils of Genius: Mostly Mozart. UCSF-Laurel Heights. June 7-9.

Clinical Toxicology & Emergency Medicine. Cathedral Hill Hotel, SF. June 8-9.

Family Practice Board Review Course. Cathedral Hill Hotel, SF. July 8-11.

Twentieth Annual Advances in Internal Medicine. Ritz Carlton, SF & Cole Hall, UCSF, June 22-26.

Debates & Updates in Pediatric Emergency Medicine. SF Hilton. Aug. 1-3.

DENTISTRY

For further information call 476-1101.

Quality Assurance & the Dental Insurance Dilemma. UCSF. May. 11.

Fundamental Prosthodontic Principles. UCSF. May 17.

A Review of Esthetic Restoratives: Direct Systems. UCSF-Laurel Heights. June 15.

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-0400 for information.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Sexual Assault Survivors. Twelve consecutive weekly sessions, 5:30-7 p.m. on a day to be arranged. $5-$25 sliding scale.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call 476-0400 for locations.

GROUPS

Ongoing drop-in groups for women.

Circle of Sisters. Black women's group. L 535. Every Fri. Noon.

General Women's Support Group. Every Tues. 7:30-9 p.m.

Group for Relatives of Military Personnel in the Persian Gulf. Every Wed. Noon.

Latin Women Coalition. S 30. Call 476-1310 for information. Noon.

Lesbian Lunch Group. First & third Mon. of each month. Noon.

Support Group for Divorced & Separated Women. Every Tues. Noon.

Women Living with Life-Altering Illness. Every other Monday. 6:30-8 p.m.

Working Mothers Support Group. Every Thursday. Noon-1 p.m. N 717B. Call Marie Herbert at 567-8742.

OUTDOORS UNLIMITED

Outdoors Unlimited, a cooperative resource center for outdoor recreation & adventure, serving both the UCSF campus & the general public, is once again offering **Discovery Day Camp** for children ages 7-12. They are taken to sites around the Bay Area to explore nature & science. Camps will run in two-week sessions, from 8 a.m.-5 p.m., Monday through Friday. Meet at MU. Call 476-1469 for complete details. To receive a quarterly listing of OU trips & clinics, send a self-addressed, stamped envelope to Outdoors Unlimited, Box 0234A. For more information call 476-2078.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Call 476-6430 for schedule.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students & staff call 476-1541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms & auditoriums, it is still necessary to call Millberry Union at 476-2571, Room Reservations at 476-4436, Faculty/Alumni House at 476-4723, Laurel Heights at 476-8100 or the individual school or department.

Benefits/Personnel

Why a Separate ABOG at SFGH?

Most UCSF employees probably have heard of the UCSF Academic Business Officers Group (ABOG). But did you realize that there is a satellite of ABOG at SFGH? In fact, SFGH ABOG has been around for over six years and boasts 50 members, all involved with managing UCSF departments located at SFGH.

One might ask, "Why a separate ABOG at SFGH?"

"The main reason," says Eileen O'Connell, chair of the SFGH ABOG, "is that there now are more than 1,500 UCSF employees at SFGH. And UCSF managers at SFGH are faced with challenges of working within two bureaucracies — UCSF on one side and the City and County of San Francisco on the other. We needed to provide a forum to address specific issues around this relationship." UC managers at SFGH also must work with severe budget limitations imposed by the City and at the same time must contend with state budget cuts and all the various policies handed down by UC Systemwide. "It's not surprising," says O'Connell, "that a popular slogan among both City and UCSF employees at SFGH is 'SFGH — It's as Real as it Gets!'"

According to O'Connell, ABOG at SFGH is working to establish relationships and networks to improve communication among UCSF managers and supervisors working at SFGH. Members meet at least once a month to exchange information and ideas. "We want to increase our involvement with the people in ABOG on Parnassus," O'Connell adds. One roadblock is the time commitment involved in traveling between UCSF and SFGH. But, O'Connell says that members of SFGH ABOG make it a point to be involved with as many committees as possible, including the UC Council and EMPACT! in order to bring meetings and events to 1001 Potrero.

SFGH ABOG members regularly attend meetings of the Health Commission and Board of Supervisors to keep informed about issues and decisions by the City that could affect SFGH. They also are active in Advocates for San Francisco General Hospitals and Clinics.

A few of the many members of ABOG at SFGH: (bottom row, left to right) Ian Nadel, Carol Mahnke, Alice Fishman, Donna Berka, I-Mei Hsiu, Linda Biddle, Leslie Gutierrez, Peggy McDavid, Melonie Miles, Maryanne Penta, Donna Howell; (top row, left to right) Shirley Hamilton, Sandra Gumpert, Eileen O'Connell, Catherine Dodd and Wiley Herring.

Another important goal of the group, says O'Connell, is to establish better relationships and open lines of communication with SFGH administration and City employees. "We need to find ways for the two groups to work jointly on issues that affect both sides," she says.

If you are an SFGH manager or supervisor, why not become an ABOG member? You need to be a UCSF employee in the A&PS or MAP programs or an AAIII supervisor. Members also must hold concurrent membership in the Parnassus ABOG. Dues are $35 per year. For further information call O'Connell at 821-8313 or 476-2916.

Other SFGH ABOG officers for 1990-91 are: Shirley Hamilton, vice chair; Sandra Gumpert, secretary; and Donna Howell, treasurer. Elections for 1991-92 officers currently are under way. Results will be announced in a future issue of *Newsbreak*.

Proposal for 1991-92 Salary Increases

Personnel's Julius Katz has issued a memo outlining a plan for implementing 1991-92 merit increases. He notes that the plan has been drawn up as part of the response to the current State budget shortfall.

In summary, for eligible employees covered by staff personnel policies and by collective bargaining agreements, the proposal calls for continuing the pattern begun in fiscal 1990-91, i.e., continuation of the six-month delay of merit increase implementation dates into fiscal 1991-92.

For faculty and other academic employees, merit increases would be delayed six months until January 1, 1992. MAP and A&PS employees would be eligible to receive merit increases effective January 1, 1992. The control figure would be two percent, funded by internal sources.

Since the State budget won't be finalized until July or later, any plans related to salary increases could change.

If you're interested in seeing the complete memo, your department head should have a copy. Any comments about this should be addressed to Julius Katz, Box 0832.

Start Planning Your Financial Future

Tuesday, May 7, is "Finance Day," as declared by our Office of Financial Planning and Benefits.

On that day, from 8 a.m. to 5 p.m., all UCSF staff are invited to attend a Finance Day Open House in the Millberry Union Conference Center. Representatives from many UC-sponsored investment and savings programs will be present to answer your questions, such as "How do I start a meaningful savings and investment program on a shoestring?" or "What steps can I take now to ensure a financially fit future?" Call Allen Terry in the Benefits Office for more information, 476-1400, or look for circulating flyers.

Black & White Gala Shots

Some 850 people partied hearty at the second annual Black & White Gala on April 5. Held at the Gift Center, the Gala raised some $5,000, half of which will go to the Gulf Relief Fund of the American Red Cross, the other half to help fund next year's ball. Above, King of the Gala, "Big Al" Kerr, is flanked by fans.

Fun Zone

May Events: Cinco de Mayo, Paris Raffle, Asian Week

May is full of activities for fun, for fitness and for winning a trip to Paris. Here's the line-up:

- **Cinco de Mayo Celebration.** Friday, May 3, noon to 1:30 in Saunders Court: Salsa lessons with Mr. Party DJ and a food sale. Beginning at 8 that evening: salsa dance in Millberry Union, music by "Actualidad." Other events: "Festival Latino" with food and entertainment at Mission Center, Wednesday, May 1, noon to 1 :30. Cinco de Mayo Student/Staff Bash in the MU Pub/Cafe, Thursday, May 2, 4:30 p.m. Also on May 2: Noon program, speaker to be announced. HSW 317. Call Rosa Lopes for more information, 476-6135.
- **Win a trip to Paris.** EMPACT!'s annual fundraiser is the best raffle deal in the world (we're quite sure). Buy a ticket for $1 and you could win a trip to Paris, courtesy of Council Travel. Other prizes include a computer, weekend getaways, cruises, dinners, dozens of others. See the circulating flyer or the display in MU for the whole amazing list of prizes. Drawing Wednesday, May 9, at noon in Saunders Court as part of campus Chauncey Leake Day celebration. Proceeds go to EMPACT! for the employee activities they sponsor all year round. Buy your tickets from ticket sellers roaming around campus, at ticket booths frequently located in the Med Sci lobby and ACC employee lounge or from the MU Central Desk. Increase your chances to win by selling tickets. Call 476-6932.
- **Fitness classes 50% off.** Register beginning Thursday, May 2, at the MU Fitness Desk. More information, call 476-1115.
- **Asian Awareness Week.** May 20 to 24. Full week of activities — theatre, dance, cultural festival, guest speakers, panel discussions. See future issue for dates, times, topics.
- **UCSF Concourse d'Elegance.** If you want to include your automobile or motorcycle in UCSF's first "popular vote" Concourse D'Elegance, send a photo, brief history and description of your vehicle — be it antique, classic, special interest, a race car, or otherwise unique in some way — to EMPACT!, Box 0234A. For further information, call Ken Kawabata, 476-5681.
- **Summer bowling league starts mid-May.** All levels welcome. League plays Thursday nights at Japantown Bowl. Department teams welcomed. Call Shirley Hamilton, 476-3860.
- **9-hole golf.** Next events, May 21 and June 19. Sign-ups required two weeks in advance. Call EMPACT!, 476-2675.
- **Don't run alone.** Contact Jimmy Choy, 476-1700, for a list of people interested in having a running or jogging partner.
- **Canoe the East Fork of the Carson.** Friday afternoon to Sunday, May 10 to 12. Very beautiful, very active Class II run with a hot spring at the campsite. Sign up now, 476-2078. Pre-trip meeting Thursday, May 2, 7 p.m., OU Center.

"Oh, my King!" says Queen Diana Darnell.

"What can we say?"

Medsounds Continued

Bob Lurie Presents $30K Check to Med Center

During the San Francisco Giants' annual "Play Ball" luncheon the first week of April, Giants owner Bob Lurie presented a check for $30,000 to go toward UCSF's efforts to fight childhood cancer.

The $30,000 represents the amount raised by the baseball club for the "Cody Fund," which was established last year to support childhood cancer research at UCSF and to help young patients who are hospitalized because of the disease.

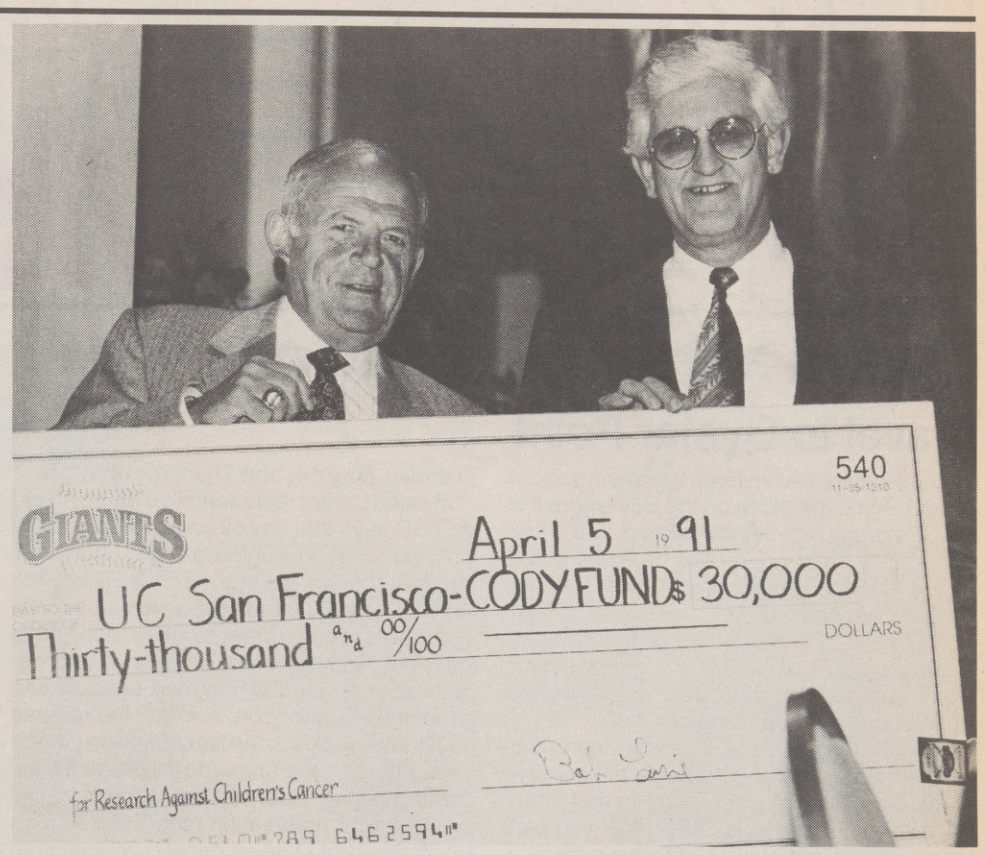
The contribution doubles the UCSF/Cody Fund amount, which now stands at $60,000.

The Cody Fund was initiated by former Giants pitcher Steve Bedrosian and his wife Tammy after their young son was diagnosed with leukemia a year ago. Cody was treated here at the Medical Center until critical stages of his therapy were completed. Although Bedrosian no longer is with the Giants, the UCSF/Cody Fund will continue.

The Cody Fund supports:

- Development and testing of new treatments and drugs for childhood cancer.
- Research to identify how cancer is caused and to develop treatments that attack cancer cells without destroying healthy cells.
- Needy cancer patients and their families.

For further information on the UCSF/Cody Fund, call the Development Office at 476-1299.



School of Medicine dean Joe Martin (right) accepted the check from Lurie.

How to Send Mail to Mount Zion

The question of how to send mail to someone at Mount Zion frequently arises, according to Administration's Kathy Balestreri.

Just address it to the person, the department and "Mount Zion," and drop it into any campus mail depository. There are no box numbers at Mount Zion.

Your mail will be promptly transported in one of two daily deliveries to Mount Zion.

If you have need for Mount Zion phone numbers, a list of departments is contained in the UCSF directory under "Mt Zion." If it's names of individuals you're after, look in the white pages of the UCSF directory.

Welcome to the RCU (Robot Care Unit)

Here's another one to add to our list of healing arts at UCSF: We fix robots.

You may remember a recent article mentioning that the Berkeley Police had lent us the robot they used in conjunction with community service presentations.

Chris Yee of the UCSF Police was hoping to do a UCSF makeover on the robot and stage its debut at the Safety Fair in the Medical Center the first week of May (see article on page 8). Unfortunately, it was discovered that the robot's vital functions were faltering, and it needed a good fix fast.

Chris was referred to Biomedical Engineering's Rich Fechter as a possible person to do the job. Rich, a potential winner of the UCSF genius award if we ever have such a thing, is known for his ability to create anything imaginable, such as the wise-cracking, remote-controlled pumpkin that won the campuswide jack-o-lantern contest.

Rich obligingly accepted the robot job, tuned its TV, modified the remote control, reprogrammed the VCR, did some body and fender work, fixed the arms, made the head spin again, fixed a few loose screws and pulleys, and gave it a good dose of oil.

Shortly after the adjacent photo was taken, Rich had the robot perform a rap session, with the robot dancing to its own rap tune. Whether or not this will be part of the robot's repertoire at the Safety Fair, you'll have to attend to find out.

Rich Fechter, robot doctor, and newly tuned patient (note I.V. lines with WD-40)

Mother's Day Gifts

The Medical Center Auxiliary will provide a variety of offerings at its annual Mother's Day Sale on Wednesday, May 8, through Friday, May 10, from 8 a.m. to 5 p.m. each day in the Medical Sciences lobby:

- Custom made jewelry by mother-daughter team "Fragments of Class," with semi-precious stones, and ceramic and ethnic beads.
- Sterling silver jewelry from Taxco, Mexico, by international prize-winning artisans.
- Fabric covered photo albums designed by Arlene Tsunoda.
- Affordable gift items from Top Hat Produce — chocolates, truffles, satin roses, needlepoint satin boxes, brass planters.

Earth Mug Plug

The Moffitt Cafe has made the purchase of one of the green-and-white, hot-and-cold, non-spill mugs with a picture of the earth on it even more attractive.

In addition to the 10% discount you receive every time you purchase a beverage in the mug (in the Moffitt Cafe) the sponsors are offering special promotions.

For instance, last week's promotion was free French roast coffee for owners of earth mugs. This was only the first of a series of similar promotions, says Nutrition & Dietetics' Donna Williams. She suggests you wind up your Earth Week activities by heading directly to the cashiers station in the Moffitt Cafe and purchasing an earth mug for $2.50. You'll never have to use a throw-away cup again, thereby saving natural resources. And you'll save money, thereby saving your financial resources.

Spend a Day *(continued from page 8)*

your selected area, your host for the hour will be an employee in that department. The traditional arrangement is that you join this person for an hour or so while he or she goes about his or her regular business, explaining the work along the way.

Here are the places you can visit:

Inpatient Nursing Units

Nursing Office/staffing
Operating Rooms & Post Anesthesia Care
Emergency Department
Child Life Services: playroom & schoolroom
6 Long Surgery (pediatric surgery)
6 PCRC (pediatric clinical research)
6 Long Medicine (pediatric general medicine)
7 Long (chest/heart/vascular/urology/eye)
7 CVS (cardiovascular special care)
8 Long (neurosurgery, neurology, seizure monitoring)
8 Moffitt (neurosurgery, close observation)
8 NICU (neuro intensive care)
9 Long (kidney/pancreas transplant unit)
9 AHU (acute hemodialysis unit)
9 ICU (adult intensive care)
10 Long (cardiology, telemetry, general medical)
10 CCU (coronary care unit)
11 Long (cancer care)
11 Moffitt (general medical, dermatology, including photophoresis)
12 Long (orthopedics and microsurgery)
12 Moffitt (adult clinical research)
14 Long (gynecology, tracheostomies, ENT)
14 North (special care nursery)
15 ICN/SCN (intensive care nursery)
15 Long (Birth Center)

Outpatient Nursing (ACC Clinics)

Adolescent Medicine
Adult Renal Clinic
Allergy Clinic/Immunology
Anitcoagualtion Clinic
Arthritis Clinic
Breast Screening
Cardiac Clinic
Diabetes Clinic
Dermatology
Dysplasia
Ear, Nose & Throat Clinic
EKG
Employee Health
Endocrine Clinic (including Performing Artists Clinic)
Endoscopy
Eye Clinic, adult or pediatric
Family Medicine
General Medicine Clinics
Gastrointestinal Clinic
GI Motility
Gynecology
Hematology/Oncology
HIV/Hepatitis Exposure Follow-up Program
Hypertension Clinic
Infectious Diseases Clinic
Liver Transplant
Neurology Clinic
Obstetrics
Orthopedics, including sports injury
Pain Management Center
Pediatrics
Behavioral & Developmental Pediatrics
Pediatric Specialties
Children's Renal Center
Pentamidine Clinic
Plastic & Reconstructive Surgery
Psoriasis Day Care Center
Q-Fever Testing
Rheumatology
Screening & Acute Care
Travelers Clinic
Tropical Medicine
Urology Clinic

Non-Nursing Departments

Medical Center Administration
ACC Administration
Inpatient Admitting
ACC Registration
Anatomic Pathology
Biomedical Engineering
Blood Donor Center
Building Management
Chaplaincy
Clinical Labs
ACC Lab
Design & Construction (architects)
Facilities Planning & Coordination (construction)
EEG
EKG
Environmental Services
Infection Control
Laundry/Linen Services (Oyster Point)
Materiel Services
Medical Records
Medical Staff Affairs
Medsounds
Morgue
Nutrition & Dietetics
Patient Escort/Transport
Inpatient Pharmacy
Outpatient Pharmacy
Physical Therapy
Quality Assurance
Radiology
Interventional Radiology
Radiation Oncology
Nuclear Medicine
Ultrasound
Magnetic Resonance Imaging
ACC Radiology
Respiratory Care
Risk Management
Social Work
Telecommunications
Urinary Stone Center
Utilization Review
Volunteer Services

MCB Departments

Budget & Reimbursement
Patient Accounts
Hospital Accounting
Planning & Marketing
Hospital Information Systems (HISD)
Medical Transcription
Medical Center Payroll

How to Sign Up for Spend a Day

Spend a Day coincides with National Nurses Day and National Hospital Week in May. The visits to inpatient and outpatient nursing units will be scheduled for Monday, May 6, through Friday, May 10. The visits to other Medical Center Departments will be scheduled for Monday, May 13, through Friday, May 17.

- To visit a nursing unit, call 476-1991 between Monday, April 22, and Friday, May 3.
- To visit a non-nursing unit, call 476-5068 between Monday, April 29, and Friday, May 10.
- All Spend-a-Day participants are invited to a party on Tuesday, May 14, in the Moffitt Cafe, 3 to 5 p.m.

Note: When you are negotiating with your supervisor to take the time to visit another department, it will be helpful if your supervisor remembers that this program is totally supported by Medical Center Administration as a means of bridging the gaps between departments. Employees are encouraged to take part.

UCSF Medsounds

Volume 6, Number 8 April 20-May 3, 1991

Spend a Day in the Life of a Towel

Travel to Oyster Point

All these years you've been wondering about Oyster Point, the place on the Bay where the UCSF storage facilities are located, and, more importantly for our purposes here, the place where the Medical Center's giant laundry facilities are housed.

This year as a part of the "Spend a Day" activities, you can take a shuttle to Oyster Point and see for yourself the impressive operation they have going out there.

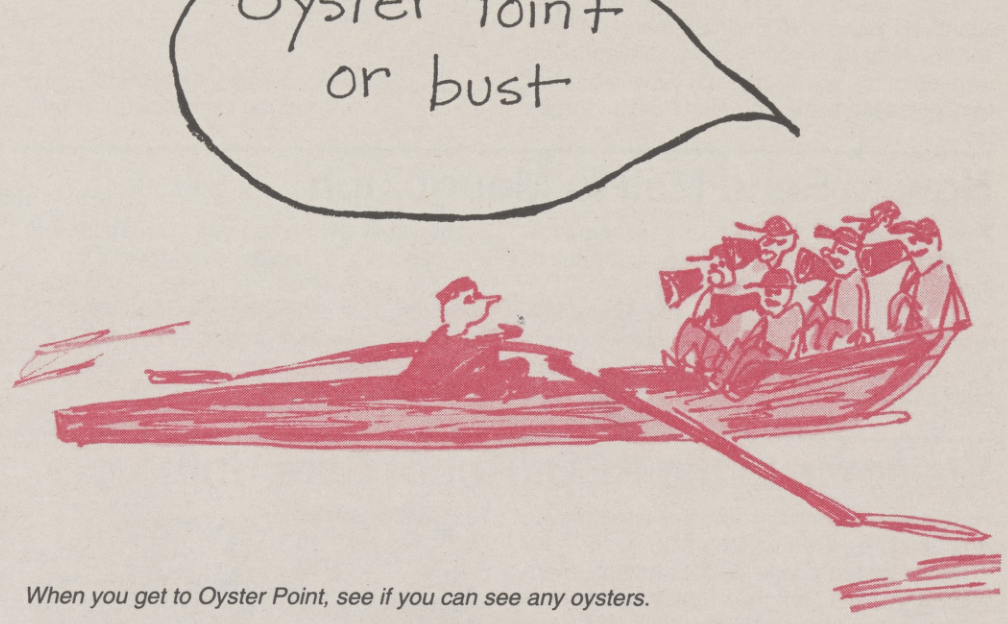
Jim McCullough and Charles Henry, the respective director and manager of Laundry/Linen Services, will offer morning and afternoon tours on Tuesday, May 14. If you can take a couple of hours out of your schedule that day, this is a great chance to see how the laundry gets done in these days of modern technology. It's also an opportunity to meet some colleagues you otherwise rarely see.

In the same spirit, you might consider visiting Mission Center, where morning and afternoon tours will be offered on two days, Tuesday, May 14, and Thursday, May 16.

Mission Center representative Bruce Alvord of HISD says that based on experience from last year's first-time undertaking to offer tours, this year they've really got it down. Since the seven Medical Center departments at Mission Center are too many to visit in one hour's time, the Tuesday tours will take in four departments during the morning session and three in the afternooon, and just the reverse on Thursday. Check the list of Mission Center departments in the following list of places you can visit during "Spend a Day." When you call to make your reservation (see "How to Sign Up for Spend a Day" on page 7), you can get all the information on shuttle times for both Oyster Point and Mission Center, as well as which departments will be included on which tours at Mission Center.

For most of the Parnassus locations, the visits are one-on-one. When you arrive in

(continued on page 7)

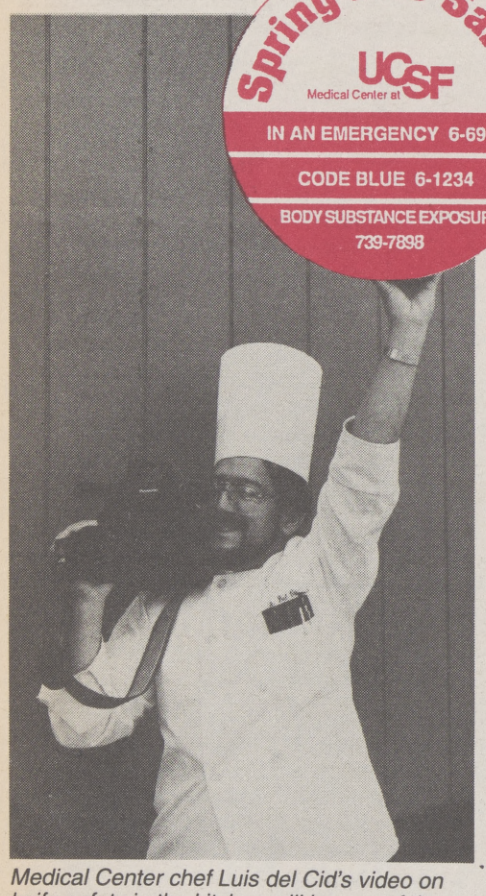


When you get to Oyster Point, see if you can see any oysters.

Food, Facts, Film Festival at Safety Fair

Come to the campuswide "Spring into Safety" fair in the Moffitt Cafe from Wednesday to Friday, May 1 through 3, and here's what you'll find:

- A festival of films (some never seen before) on all aspects of safety.
- Lots of popcorn.
- Booths attended by UCSF experts representing several aspects of safety, including personal safety and security, infection control, chemical safety, safety from personal injury (such as back injury), emergency plans for fire, disaster, etc.
- "Spring into Safety" menu in the Moffitt Cafe.
- Opportunities to win prizes for departments that already belong to the Hepatitis B protection "100% Club." More opportunities for prizes for those departments that reach 100% during the three-day period of the Safety Fair. Grand prize will be lunch for an entire department, donated by Smith, Kline and French (makers of Hepatitis B vaccine). Call Infection Control at 476-0460 for more information on the contest.
- An open meeting of the Medical Center's Infection Control Committee on Wednesday, May 1, from noon to 1 p.m. in the doctors' dining area. The emphasis will be on occupational issues such as HIV and HBV, as well as tuberculosis.
- Exhibits and demonstrations of new equipment for phlebotomy, IV starts, etc.



Medical Center chef Luis del Cid's video on knife safety in the kitchen will be one of the featured films in the festival.

The times are as follows:
May 1 — 10 a.m. to 3 p.m.
May 2 — 10 a.m. to 7 p.m.
May 3 — 6:30 a.m. to 8:30 a.m. & 10 a.m. to 3 p.m.

The sponsors of the fair include a number of departments, representing a large spectrum of safety issues. The committee includes Nursing Education's Lynn Dow, ACC's Robert Hunn, Infection Control's Marilyn Jordan, Environmental Health & Safety's Kimberly Lee, Jim Robinson and Christine Yee from the UC Police, Diana Kelly from the Clinical Labs and Cindy Lima from Facilities Planning.

Pediatric Rehab Center Opens at Mount Zion

A new Pediatric Rehabilitation and Recovery Center for chronically ill and disabled children officially opened April 9 at Mount Zion.

The 11-bed unit on the sixth floor serves children with neurological or chronic health problems, such as rheumatoid arthritis, spina bifida, brain injuries or tumors, and cerebral palsy.

The program has inpatient, outpatient and home care components, the goal being to restore the child to a maximum level during the hospital stay and to maintain or continue improvement after discharge. According to medical director Richard Quint, the outlook is to treat 50 to 100 patients per year, depending on length of stay.

Quint expects the caseload will include a substantial number of patients with juvenile rheumatoid arthritis, an illness that strikes about one in a thousand children. Children with this condition often have acute episodes of arthritis that require intensive rehabilitation interspersed with physical therapy and outpatient care. UCSF pediatric rheumatologist Helen Emery will be the subspecialty consultant for this group.

Quint says the center also will treat infants with various developmental problems, e.g., infants with feeding or swallowing difficulties following premature birth.

The program staff includes physical, occupational and speech therapists, psychologists, a nutritionist, social worker and child life specialists, plus nursing personnel and physicians in numerous specialities. Cassandra Robertson, who served many years as nurse manager for Mount Zion's Intensive Care Nursery, is the nurse manager of the new rehabilitation unit.

Puttin' on the Ritz for Pedi Rehab

The Mount Zion Auxiliary is holding its annual black tie fundraiser, "Puttin' on the Ritz," on Saturday, April 27, at (where else) the Ritz Carlton in San Francisco.

The event will benefit the new Pediatric Rehabilitation and Recovery Center at Mount Zion.

Dianne Feinstein and Richard Blum are honorary chairs for the event. Weslia Whitfield will entertain. Harris Barton of the SF 49ers will kick off the silent auction at 7 p.m. And dinner and dancing to Richard Olsen and his orchestra begin at 8.

If you're interested in a brochure and ticket information, call 885-7354. But hurry — the cutoff date for reservations is April 20.

Dave Milward

At the opening: (left to right), medical director Richard Quint, nurse manager Cassandra Robertson, clinical nurse Marcia Rhodes, and MZ associate nursing director Mary Fallon

No Need to Be an RN or MD to Save Lives

Stop by the Transplant Donor Fair in the Medical Sciences lobby on Wednesday, April 24, from 10 a.m. to 3 p.m. and find out how you can help save lives by pledging to become an organ donor.

An interesting thing about the fair is that all of our transplant services are participating. If you take the opportunity to visit the fair, we promise you'll be wowed by the length and breadth and scope of all the transplant and tissue services we offer at UCSF.

The event is taking place in conjunction with California Transplant Donor Week sponsored by the California Transplant Donor Network. The Network's message for Donor Week is this:

"Nationwide, only 4,000 of approximately 15,000 potential organ donors actually donate their organs each year, while on any given day more than 22,000 Americans are on the waiting list for a desperately needed transplant."

Part of the reason that so few organ procurements are realized is that the next-of-kin must give permission before a donation can take place (even when a donor card has been signed.) Thus, if you stop by and pick up a donor card during the donor fair, be sure to discuss your wishes and intentions with your family.

May 9 Teleconference: Nursing Ethics

"Ethics and Medical Technology in Nursing" on Thursday, May 9, is the next program in the series of live teleconferences produced by the AHA (and sponsored here at the Medical Center by the Department of Nursing). The focus will be on conflicts in values among caregivers, patients and families; facts, myths and implications of treatment for the terminally ill; and current legislative and judicial rulings.

All programs are free. Call Denise Codwell in Nursing Education for locations and times, 476-2993.